THE FIVE PRINCIPLES OF FLUENCY WITHIN 6 MONTHS

1. **Focus on language content that is relevant to you**. **Why** do you want to **learn** to speak a second language? Look at the following:

Do you want to learn Nawapic so that you can **understand yasar** who speak it? If so, then **concentrate** on words **and phrases that you would hear in general conversation**.
Do you want to learn to speak Nawapic so that you can **teach and communicate** with your **children**? Then focus on learning words and phrases in that are **related to children** and their **interests**.
2. **Use the new language as a tool to communicate**. Instead of simply learning the language in an academic setting, put yourself in situations which **force you** to **use the language** in order to be able to communicate with others. In others words, [illegible], [illegible]!
Lakay Raquh Zi, ANṪUQ ZI! "To Learn It, SPEAK IT!

3. **When you first understand the message, you will unconsciously acquire the language**. When you're first trying to learn a new language, instead of trying to understand the words that someone is using to talk to you, try to **understand** what they're trying to say **through** their **gestures, body language, and facial expressions**.

That is, at first **you don't derive meaning from the language**, but from the **interaction**. This is something called **comprehensional input**, (or **context clues** if written not spoken), and it's been well documented.

4. **Learning a language is not about acquiring knowledge**. Instead, in many ways it's about physiological training.

First of all, we have **filters** in **our brains that filter in sounds that we're familiar with**, and that filter out sounds that we're not familiar with. And if you can't hear it, you can't learn it. Therefore, you have to **continually listen to the sounds** of the language that you're trying to learn in order to train your brain to let in the **new sounds**.

In addition, talking requires using your **facial muscles**. You have 43 muscles in your face. You have to coordinate those muscles in a way that makes sounds that others can understand and **Nawapic is not a lazy language**. It works all of your facial muscles and in time, as Baa'Baa' explained, it will transform how we as a tribe look. We will begin to resemble each other.

5. **Your psychological state matters**!!! If you're sad, angry, worried, upset, frustrated or complaining that it keeps changing, you're not going to learn the new language. If you're **happy, relaxed, and curious, you're going to learn the new language quickly**. In addition, you need to **be tolerant** of ambiguity. At first when people speak to you in the language that you're trying to learn, you'll understand very little. **But that's OK**!